

BSTFWH Farmers Walk Handles



Weights and Collars not included

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Train like an Olympic strongman with the Body-Solid Tools BSTFWH Farmers Walk Handles. Use BSTFWH Farmers Walk Handles to build strength and endurance across the entire body with direct focus on grip strength, shoulders, back, legs and core.

Body-Solid Tools Farmers Walk Handles are 60" in length and weigh 17.5 lbs. each. Users can add weights using the BSTFWH's Farmers Walk Handles 12" weight sleeves. The Farmers Walk Handles feature knurled grip handles for firm and stable grip throughout the workout.

Special Features

- Build strength & endurance across body
- Grip strength, shoulder, back, leg and core
- Knurled grip handles
- 11-gauge steel
- 2" diameter sleeves
- Black powder-coat finish
- Product Weight: 17.5 lbs. each
- Dimensions: 60"L x 3"W x 7.5"H