

GDCC250 Body-Solid Deluxe Cable Crossover

Body-Solid[®]
Built for Life



GDCCBAR
Optional Dual Press
Accessory Bar



GDCCRACK
Optional Accessory Rack

GDCC200 Body-Solid Deluxe Cable Crossover

Body-Solid takes state-of-the-art crossover stations to new heights with the Selectorized Deluxe Cable Crossover, a dynamic addition to any home gym exercise program.

Sturdy and stable, the new design lets you exercise virtually every major muscle group in your body. Interchangeable cable handles provide an unlimited number of possibilities for all experience levels, and the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises

With 20 independent height adjustments and 180° cable positioning for frictionless guidance in all directions, the Body-Solid GDCC250 is one of the most versatile and functional machines manufactured today.

Weight: 561 lbs
Dimensions: 164"W x 29"L x 84"H

Special Features

- 11gauge, 2" x 4" oval tubing
- Electrostatically applied powder coat finish
- Precision-fitted frame components
- 4.8mm diameter spun steel aircraft cables
- 20 independent height adjustments
- 180° cable positioning
- Two 160 lb. weight stacks (weight ratio is 1/2 : 1)
- High-density foam rubber handgrips and handles
- Dual position pull-up bar

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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