

GFID225 Body-Solid Folding Multi-Bench

Body-Solid[®]
Built for Life



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The Body-Solid GDFID225 Multi-Bench is the perfect training partner - functional, compact, portable and durable. It requires no assembly and is designed to be used straight out of the box. Features include seven adjustment positions for flexibility and comfort. The 2" x 3" oval tubing ensures durability and support for the heaviest of workouts. Built-in wheels make transport quick and easy and it folds flat for storage under a bed or on end in a closet. In-Home Lifetime Warranty.

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime

Special Features

- Ladder style back pad adjustment
- Back pad adjusts to -20°, 0°, 15°, 30°, 45°, 60°, and 75°
- Bench comes fully assembled in box
- Transport wheels for easy movement
- Height to pad—at position 21"
- Weight Capacity: 600 lbs.
- 11-gauge, 2" x 3" oval steel construction
- 57"L x 18"W x 10"H - Folded
- 60"L x 18"W x 19"H - In-Use
- Product Weight: 53 lbs.
- Body-Solid Commercial Rated Warranty