

GS348Q Series 7 Smith Machine

Body-Solid[®]
Built for Life



Additional Options

GLA348QS Lat Attachment
GPA3 Pec Dec Station
SCB26 Calf Squat Block

GS348Q Series 7 Smith Machine

Set to a 7-degree reversed pitch, the Series 7 Smith Machine allows natural upper and lower body movements for maximum muscle interaction; a feature not found in traditional Smith Machines. User safety is provided by 20 cross-member lock-out points that are accessible with a simple 15-degree rotation of the bar, eliminating the need for a spotter. For those exercises that demand free-weight movement, the 14-position gunrack with 17" extra heavy-duty safeties is also set to a 7-degree reversed pitch providing convenient lift-off points and predictable racking.

Weight plates and collars optional

Weight: 276 lbs.
Dimensions: 66"L x 64"W(84" at bar) x 83"H

Special Features

- Precise 7° angle Smith Machine combined with 7° angle freeweight barbell workout center
- Linear ball bearing Smith system with 20 cross-member lock-out points
- Freeweight gunrack system with 14 lift-off and racking positions
- Large diameter Smith Bar is easy to control and weighs only 25 Lbs.

Warranty



Frame & Welds Lifetime
Bushings and Hardware..... 3 Years
Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware..... Lifetime
Pads, Cables and Grips Lifetime